I survived 19 Days in the ICU
Because of Covid-19
I am a survivor
OUR MISSION
To improve the health and well-being of each person we serve

OUR VISION
Health for a better world

OUR VALUES
Compassion, justice, excellence, dignity, integrity and safety

SWEDISH MEDICAL CENTER FOUNDATION
BOARD OF GOVERNORS

Our Board of Governors supports and guides us as we work with you—our extraordinary community—to raise significant philanthropic support for Swedish. The following members served during 2020. Thank you for the incredible gift of your time and your expertise.

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ON THE COVER  Lloyd Young is grateful to the caregivers who gave him a fighting chance against COVID-19. Read his story on page 14.
Here for each other

Thank you for being there for us, so we can always be here for you.

Your investment—more than $25 million in 2020—accelerated innovative research and expanded compassionate care in a year where we cared for many patients sick with COVID-19. Thanks to you, we were able to investigate novel treatments and care for patients suffering from an entirely new disease.

As we reflect on a year that forever changed healthcare, the lessons we have learned are helping us reimagine how we will care for you and for our community in the future. The COVID-19 pandemic has allowed us to move forward with plans for improving access to care through telehealth initiatives and a streamlined patient experience.

Through it all, our commitment to meeting all of the health challenges that affect our community has not changed. Our physicians and researchers are dedicated to providing new treatments and new hope for patients suffering from cancer and other life-limiting conditions. And with innovative robotic systems like the CorPath GRX, they will one day be able to provide patients in remote areas with timely, life-saving stroke care.

The following pages tell the stories of donors like you who are shaping the future of healthcare at Swedish.

Thanks to you we can look to the future and think boldly about providing the leading-edge healthcare you, and every member of our community, deserves.

During this uncertain time, we are more grateful than ever for your philanthropic commitment.
2020 by the numbers

126 PRIMARY AND SPECIALTY CARE CLINICS

1,728 COVID-19 PATIENTS CARED FOR

1,706,535 gloves, masks, face shields, gowns, shoe covers and hand sanitizer donated to protect our caregivers

10,442 BABIES DELIVERED

35,103 SURGERIES PERFORMED

177,423 EMERGENCY ROOM VISITS

2,281,725 OUTPATIENT VISITS (excluding surgery and ER)

12,496 CARING EMPLOYEES

1,571 LICENSED BEDS

502,000 MORE THAN $25M invested by YOU in 2020!

1,571 INPATIENT ADMISSIONS to our hospitals

3,802 PHYSICIANS and allied health professionals

2 AMBULATORY care centers

48,236 INPATIENT ADMISSIONS to our hospitals

426 iPads and electronics to connect you to care

75,659 caregiver meals provided by 500+ donors

2020 Gratitude Report
Your 2020 investment: $25,116,833
Following is a full summary of financial results for 2020.

**HOW YOU GAVE**

$9,263,093
from corporations and organizations | 37%

$7,300,000
from individual planned gifts | 29%

**WHERE YOU GAVE**

$9,497,000
**SWEDISH CANCER INSTITUTE**
Breast cancer and lung cancer research, education for patients and their caregivers

$7,477,272
**COVID-19 RESPONSE**
Clinical trials research, research and care for “long haulers,” support for older and vulnerable adults

$2,000,000
**TELEHEALTH**
Mission control-style data hub that provides a real-time look at the status of all patients across all five hospitals

$1,645,538
**SWEDISH FUND FOR EXCELLENCE**
Strengthened national and international research partnerships, expanded networks for patient care

$1,063,534
**SWEDISH NEUROSCIENCE INSTITUTE**
Brain tumor research at The Ivy Center, MS care

$816,875
**EDUCATION**
Continuing medical education for our physicians, nurses and residents

$801,467
**MEDICAL/SURGICAL**
Pain medicine

$4,281,726
from individual current gifts | 17%

$3,525,757
from foundations | 14%

$746,257
from individual realized estate gifts | 3%

$583,582
**RESEARCH**
Regenerative medicine research to slow disease progression

$473,232
**WOMEN’S HEALTH AND PEDIATRIC SERVICES**
NICU, Swedish Women’s Health & Gyn Specialty Services, doula services

$263,901
**OTHER**
Emergency financial support for caregivers most in need

$263,265
**BEHAVIORAL HEALTH**
Integration of behavioral health care into primary care clinics, transportation to ensure patients received vital treatments

$173,720
**SWEDISH HEART & VASCULAR INSTITUTE**
Structural Heart program, cardiac services, nurse navigators

$57,445
**SWEDISH DIGESTIVE HEALTH**
Financial support and lodging for patients receiving liver and kidney transplants, medications and comfort items for organ donors

**TOTAL ASSETS**
$137,774,938
- Investments and endowment funds $110,124,522
- Gift annuities and trusts $16,126,740
- Contribution receivables $9,876,336
- Cash and cash equivalents $1,393,728
- Real estate and other $253,612

**TOTAL LIABILITIES AND NET ASSETS**
$137,774,938
- Restricted $111,722,160
- Unrestricted $25,428,288
- Obligations held under gift annuities $556,269
- Accounts payable and other $68,221

Figures include all cash and new pledges received in 2020. A formal audit has not yet been conducted.
LIKE FATHER, LIKE DAUGHTER

When Sally Demetre was diagnosed with breast cancer in 2013, she had only one oncologist in mind for her care. “I told my breast surgeon I wanted Dr. Hank Kaplan,” she says.

Never mind that she was splitting time between California and Idaho or that receiving treatment at Swedish would mean flying to Seattle every two weeks. Sally, an Alaska Airlines flight attendant, was determined to be treated by the same man who had cared for her dad for 26 years.

Sally’s parents began supporting Dr. Kaplan’s research out of gratitude for the decades of life Sally’s father enjoyed after he was diagnosed with cancer in 1980. After Sally successfully completed her treatment, she and her husband, John, decided to continue the family tradition of giving.

“Dr. Kaplan has done so much for our family, it feels good to give back,” says Sally. “I know his work will help a lot of people, just like it helped us,” adds Sally’s mother, Doris.

And now that Dr. Kaplan is conducting research full-time, his work will have an even wider impact. This year, he’ll be leading a national trial of a new cancer drug, as well as investigating the origins of cancer, in partnership with local labs. And that’s all made possible by generous support from donors like Sally, John and Doris.

Now retired, Sally looks forward to many more years of skiing with her husband, working on her golf swing, and spending time with her mom.

And as she sees it, it’s all thanks to the care she received from Dr. Kaplan.

“MY RESEARCH IS 90% FUNDED BY GENEROUS DONORS LIKE SALLY AND DORIS.”

— HANK KAPLAN, M.D.
Researcher
Swedish Cancer Institute

SWEDISH CANCER INSTITUTE

WHAT YOU INVESTED
$9,497,000

WHERE YOU GAVE
• Breast cancer research
• Lung cancer research
• Education for patients and their caregivers

HOW YOU HELPED
You accelerated life-giving research for breast, lung and blood cancers.
Judy King
SUMMIT CLUB MEMBER
INVESTS IN THE SWEDISH FUND FOR EXCELLENCE
STILL PLAYING THE HAND SHE WAS DEALT

Judy King has long enjoyed playing bridge with her friends. But in Jan., 2019, she suffered a stroke that led to weakness and coordination problems in her right hand and leg. She could no longer drive or even pick up a deck of cards, and was facing a future without her regular bridge group or her other hobby: traveling the world.

With the help of physical and occupational therapists at Swedish Cherry Hill, Judy practiced her fine motor skills for hours on end, picking beads out of putty and folding origami. “My caregivers were as upbeat as can be,” she says. “And you need upbeat people when you’re faced with not being able to do the things you used to be able to do.”

Within a week of being transferred to Swedish Cherry Hill, Judy had fully recovered and was back to shuffling cards like a pro.

She was so grateful for the caregivers who helped her get back to the things she loved most that she started making gifts through a donor advised fund to the Swedish Fund for Excellence. Judy knows her support gives our leadership team the flexibility to invest in priorities that will have an immediate impact on patient care.

“I feel very fortunate in my life, and I know there are a lot of people who need top-notch care,” she says.

And Judy has one more reason to be thankful: After getting her COVID-19 vaccine at the Swedish Community COVID-19 Vaccination Clinic at Seattle University, she’s looking forward to seeing her vaccinated friends in person and getting back to her usual bridge games thanks to Swedish.

SWEDISH FUND FOR EXCELLENCE

WHAT YOU INVESTED

WHERE YOU GAVE

• Strengthened national and international research partnerships
• Expanded networks for patient care

HOW YOU HELPED

You put Swedish at the forefront of innovative patient care.

“I give to Swedish because they’re at the forefront of new innovations, medicines and techniques.”

— JUDY
Andrea Lee and Sam Dulay
INVEST IN MATERNAL AND NEWBORN CARE
Andrea Lee and Sam Dulay have two beautiful, healthy children: baby Amara and her three-year-old big brother Riley. But the story of how they became a family is not the standard bedtime tale. Both of Andrea’s deliveries brought life-threatening challenges, including postpartum hemorrhages, and an infection that turned septic.

Despite the gravity of her emergency procedures, the anguish of days spent in intensive care, and the challenges of caring for newborns while recovering, Andrea and her husband Sam have built their family story around gratitude. “We are so thankful to have had access to all the specialists and equipment I needed,” she says, “but that’s not the case for all women.”

On Andrea’s 10th work anniversary, she turned gratitude into action. Her employer, the Bill & Melinda Gates Foundation, made a gift in her name to the Lytle Center for Pregnancy & Newborns at Swedish. In honor of Amara and Riley, the gift will support underserved communities through scholarships for lactation consultants of color and outreach.

For Sam, their story shows nothing should be taken for granted. “Life is fragile, and things can change in a second,” he says, remembering Andrea being wheeled away for surgery as he held their minutes-old newborn babies. “But with the right access to care, they can change right back.”

Andrea knows not everyone is as fortunate. For her, raising Amara and Riley to understand their privilege and feel a sense of responsibility to their community is a top priority. “We are raising our children to value equity,” she says. “To know it’s our job to help lift everyone up together.”

“When patients have lactation consultants who look like them, research shows breast feeding, with all its benefits for babies, is more successful.”

— TARALEE ADAMS, D.O.
Medical Director
Lytle Center for Pregnancy & Newborns
Don McGowan and Jessica Keele
INVEST IN STROKE CARE AND COVID-19 RESPONSE
A STROKE OF LUCK

Don McGowan was living a fast-paced, active life. As the chief legal officer for the Pokemon Company International, he flew hundreds of thousands of miles each year, never quite recovering from the constant jetlag. Then in 2019, at age 48, he suffered a hemorrhagic stroke.

“My wife heard me hit the floor,” says Don. He had been taking a class on his home exercise bike, and the last thing he can remember is bending over to adjust the resistance. His wife, tech professional Jessica Keele, just happened to be home. She pulled the bike off of him and called 911. Within the hour, Don was in surgery to relieve the pressure on his brain.

After three weeks in our neuro-ICU, he made a full recovery.

Don credits his surgeon, Stephen Monteith, M.D., and his whole care team at the Swedish Neuroscience Institute with saving his life. He made a gift in their honor, as well as to our COVID-19 response fund. “By opening your heart with a gift, you create an opportunity for someone else to live who otherwise might not,” he says.

Don knows not everyone is lucky enough to receive immediate stroke care. But with philanthropic support, new technology like the CorPath GRX robotic system will one day allow Dr. Monteith and his colleagues to perform stroke surgeries remotely for patients in outlying areas who don’t have access to leading-edge care.

These days, Don has a new job that involves less travel. And he’s back on his exercise bike, but always with Jessica nearby.

SWEDISH NEUROSCIENCE INSTITUTE

WHAT YOU INVESTED

$1,063,534

WHERE YOU GAVE

· Brain tumor research at The Ivy Center
· MS care

HOW YOU HELPED

You helped patients with MS stay connected and experience nature through virtual reality.

“Time is brain. Philanthropy can help us reach more patients in time.”

— STEPHEN MONTEITH, M.D. Neurosurgeon Swedish Neuroscience Institute
Barbara Stephanus

STELLAR CLUB MEMBER

INVESTS IN REGENERATIVE MEDICINE RESEARCH
INVESTING IN THE FUTURE OF MEDICINE

Barbara Stephanus and her beloved husband, Paul, did everything together. Their eyes met from across the room at a real estate dinner, and within months they were engaged. Married for more than 60 years, they built a life and a property investment business together. When Paul passed away four years ago, Barbara found new purpose in life by supporting medical research.

She sees a future where many patients can avoid invasive surgeries and long recoveries with the help of regenerative treatments like stem cells. As the recipient of one and a half knee replacements, the 91-year-old wants to help find new treatments that will help fellow sufferers of arthritis. That’s where physician researcher Adam Pourcho, D.O., comes in.

Dr. Pourcho is pioneering noninvasive treatments for arthritis and other painful, lifestyle-limiting conditions that take advantage of the body’s healing powers. Using a patient’s plasma and stem cells, he prepares injections to slow the disease progression in knees, wrists and ankles. With Barbara’s philanthropic support, Dr. Pourcho has the equipment he needs to conduct trials and perfect his techniques. And as Dr. Pourcho publishes his work, he is able to build a stronger case for federal grants in the future.

Barbara is proud that her and Paul’s shared life’s work has given her the means to invest in the future of medicine. “It makes me feel like I was put on this earth for a reason,” she says. “It’s an awfully good feeling to know that you might’ve made a little difference in the world.”

“With philanthropy, we are fine-tuning the treatments of tomorrow that will get more patients up and moving.”


RESEARCH

WHAT YOU INVESTED

$583,582

WHERE YOU GAVE

• Regenerative medicine research to slow disease progression

HOW YOU HELPED

You are bringing better treatment options to patients with lifestyle-limiting conditions such as arthritis.
Lloyd and Linda Young

INVEST IN COVID-19 RESPONSE
HEALING FROM COVID-19 ONE BREATH AT A TIME

Retired electrician Lloyd Young and his wife Linda did everything they could to avoid contracting COVID-19. In the early days of the pandemic, they headed to their remote cabin on the Olympic Peninsula to isolate. Linda did the grocery shopping so Lloyd, who has COPD, wouldn’t be exposed. But then their worst fear came true when he developed a serious cough and fever.

They made the trip back to Seattle, trusting Swedish would have the best tools and treatments to help Lloyd. He arrived in the emergency department at Swedish Ballard in late March and tested positive for COVID-19 that night after being transferred to Swedish First Hill.

Lloyd spent 19 long days in intensive care. “I could hardly see anyone’s face through their protective gear, but my doctors and nurses were so caring,” he says. Lloyd later learned that doctors told his family he had a 50% chance of surviving. Thanks to the hard work of his care team and a philanthropy supported trial of the antiviral drug Remdesivir, he was able to beat those odds and avoid going on a ventilator.

When Lloyd was discharged in mid-April, the whole floor erupted in cheers.

At home, daily activities left him winded, but with help from occupational and physical therapists from our COVID-19 Recovery Clinic, Lloyd began to build up his strength.

Now he’s is back to an active life—even re-wiring his house. To help other patients who are still struggling with COVID-19 symptoms, Lloyd made a gift in honor of the caregivers he credits with saving his life. “They were so wonderful, I wouldn’t be here without them,” he says.

“"We’ve still got a lot of questions that are unanswered about COVID-19. Philanthropy can help us move forward.”
— GEORGE PAPPAS, M.D.
Medical Director
COVID-19 Recovery Clinic

COVID-19 RESPONSE

WHAT YOU INVESTED
$7,477,272

WHERE YOU GAVE
· Clinical trials research
· Research and care for “long haulers”
· Support for older and vulnerable adults

HOW YOU HELPED
You funded clinical trials for new treatments where no others existed for patients with COVID-19.

WHERE YOU GAVE
· Clinical trials research
· Research and care for “long haulers”
· Support for older and vulnerable adults

HOW YOU HELPED
You funded clinical trials for new treatments where no others existed for patients with COVID-19.
Thank you for your investment in the health of our community.

Your philanthropic support makes innovative, compassionate and personalized care possible at Swedish.

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Recognizing donors for their cumulative gifts and outright leadership gifts of $250,000 or those who give through their will or estate.

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$250,000+

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Pediatrix Medical Group
of Washington
Lupe Pelayre
Dariene and Jim Pellegrino
Patricia Brand-Peters, MD and
Michael Peters, MD
Petro 49, Inc.
Pfizer, Inc
Margaret Panko Pfieger
Jim and Gaye Pigott
Mary Pigott
The Polik Family/ACME Food Sales
Providence Hospice of Seattle
Providence Medical Center
Volunteer Services
Quantum Leap
Healthcare Collaborative
Sally and Dave Ratzke
Alan and Helen* Ross
Ryan Hill Research Foundation
Richard Sackman
SAFECO Corporation
Safeway Foundation
Sandusky Radio Seattle
Sanofi-Aventis
Becky Saunders
Schianger Charitable Foundation
Juanita and John* Schoeppe
The Schuler Family Foundation
Schwab Charitable Fund
Seattle - King County
Department of Public Health
Seattle Emergency Physicians
Services, Inc.
Seattle Prostate Institute
Martin Selig and Catherine Mayer
Margaret Sherman
Jim and Janet Sinegal
Ingrid and Hans Skacel
Michelle* and Marc* Sloan and
Joshua and Jordan
Barbara Stephanus
Lorna A. Stern
Craig and Valerie Stewart
Stryker Craniomaxillofacial
George and Stephanie Suddock
Swedish Ballard Auxiliary
Scott Swerland
TEVA Pharmaceuticals
The Foster Foundation
Trust
Tumor Institute
Radiation Oncology Group LLP
Ned and Joyce Turner
United Way of King County
William and Ruth* Vance
Vanguard Charitable Endowment
Program
Jean Bau Viereck
Viti Sui
Diane and Wilf Wainhouse
Barbara Walton
Jill and Simon Weinstein
Ron and Devorah Weinstein
Wells Fargo
Nick and Carol Westlund
Silver Cloud Foundation,
Robert and James Weymouth
2020 Annual Giving

Last year you invested more than $25 million in innovative and compassionate health care at Swedish. The following recognizes investments made between Jan. 1 and Dec. 31, 2020.

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Erbe USA Incorporated
Ethan Chambers of Commerce
Coalition
EZ Cater
Famous Dave's Bar-B-Que
Erik Fay
Cory Finnell
Douglas and Johanna Fraiman
Janice Francisco and Patrick Conlan
The Freeland Tamales Team
Noreen and Phillip Frink
Richard and Barrie Galante Foundation
Pamela Gallagher Felt
Sarah Garber, MD
Gaslamp Bar and Grill
GE Foundation
Thomas Gemmell
Genentech, Inc.
General Harvest Restaurant
Give InKind
Suzan Glueck
GM Nameplate Inc.
Courtney and Matthew Godofsky
Charles Goggio, Jr.
Karen Treiger and Sheldon Goldberg, MD
Therese and E. W. Gordon
Tom and Ann Gores
Rick and Jeannie Greaves
Tom and Ann Gores
Sheldon Goldberg, MD
Karen Treiger and Sheldon Goldberg, MD
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Otis Hall
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Jeffrey B. Hardie
Michael Hart, MD and
Tiloua Hart, PhD
HART First Hill, LLC
Hannsjoerg Hasche-Klunder, MD
and Homazad Shahri
Hashtaglunchbag Seattle
Petunia Charitable Fund and
Elizabeth J. Hebert
Hembart LLC
Michelle Henney
Claudia Augello and Chris Herbig
Kathy Hill
Peggy Hitchcock
Taylor Hoang
Jani and Lawrence Hoss
Ashley and Joshua Hossman
Carl and Virginia Hossman
Cindy and Laurence Humphreys
Dan and Irene Hunter Fund
Steven and Kathleen Hunter
Shawn Hurley
Barbara Hutchings
Claris Hyett
Impact Assets
Imperial Garden Beijing Duck Restaurant
Infant Home Photo Therapy
Maternal Infant Homecare Inc.
Invitae Corporation
IQVIA Inc.
JB Chi Chinese Restaurant
Jalouse Bay Holdings INC
Karen James, MD and David James
Jane Turlo & Associates
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Kati Veyan Thai
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Nora and Geoffrey Kenway
KeyBank Foundation
Kiki Bakery
Suk Chung and Dongwoo Kim
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Judith King
Lorna Kneeland
Jerry Knoben
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Fred Krick
Michelle and William Krippaehe
June Kudo
Sarita Kumar
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Deirdre Lacambra
John and Judy Lavelle
Midori Lawler
Andrew and Donna Lee
Christine Lee, MD and
Eric Valieres, MD
Robin Lee
Mary Lefever
Christopher J. Leininger, MD and
Jyl J. Leininger
Joy and Thomas Lewis
Hanshi Li
Tony Li
Light and Shine Foundation
Marilynn and Wilmot Lilly
Lily Grant Office
Harriet Litt
Little Caesars Pizza
Zachary Litvack, MD and
Jaimie Litvack, MD
Liuyishou Hotpot
Shelley Livingston
Susan Scanlan, DPM and
Anthony Lo, DPM
Anne Loring
David Luthy, MD and Louise Luthy
Lisa and Paul Luvera
Rebecca and Jeffrey Lyman
Mary Maddox and Kevin Cole
Katie Madison
Alison Maher
Dennis Maher
Rob and Julie Makin
Balinder and Meenu Malhi
Marci and Randy Mann
March of Dimes
Betty Jane Martin Charitable Fund
Raymond Marty, MD and
Carole Marty
Elizabeth L. Mason
Scott Massey
Tom and Carolae Mathers
Janet Matson
Matt and Susan Maury
Ronald and Carol McCarthy
Heidi and Paul Meany
Michael Medley, DDS and
Carol Medley
Metals Recovery Technology, Inc
Metropolitan Market LLC
Elizabeth J. Miller
Laurie Miyachi
Momo Express Food Truck
Pat and Amber Monahan
Douglas Morningstar, MD and
Nancy Morningstar
Tracy Morris and Shayne Stevenson
Miles Munson
James D. Nash
National Beverage Corp
Newport Hills - Nextdoor.com
Anne M. Norman
Sandra Norris and Thomas Norris, MD
North Sound Church
Northern Industrial
Novocure, Inc.
Nue
Theodore M. Nutting
Oberto Brands
On Safari Foods
Opper Melang Restaurants - The Matador
Eleanor Owen
Pacific Gynecology Specialists PC
Bob and Annette Parks
Paypal Charitable Giving Fund
Richard Pedee
Perkins Coie Foundation
John L. Petersen, MD and
Dr. Rebecca Petersen
Donna and Randal Peterson
Rosemary Peterson
Petra Bistro
Pfizer, Inc.
Julia Plummer
Alex and Dinny Polson
Joshua Press, MD
Todd Walter and
Laurel Rabel-Waltier
Dale Reisner, MD
Duncan Riddell, MD and
Shiva Riddell
Omar and Adelia Rios
Rob Roblee and Ron Johnson
Nicole Roeshrig
Brad and Nancy Root
Donna and Todd Rosenberg
Royal India
Judy and Fred Rupert
Anne and Richard Ryan
Ann J. Ryles
Gerald Ryles
Sandepch Sachdeva, MD and
Rajeswari Sachdeva
Saigon Food Cart
Saltchuk Resources Inc.
Sharon Saty
Debra L. Sauvage and
Paul R. Sauvage, DDS
Bryan Scheurman
Nancy L. Schultz
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